



Alabama Manor July Newsletter 2026

*Connect with Us/
Conéctate con nosotros*

Sr. Community
Building Coordinator
CHW
Easter LLeasau
619-732-3111

*Alabama Manor
Community Manager
Frankie Carrillo
619-955-8075*

alabamamanor@chworks.net

**Maintenance Emergency/
Emergencia de
Mantenimiento
619-718-0692**

**988 Suicide and Crisis Lifeline
Adds to County's Resources**

People experiencing a suicide,
mental health or substance use
crisis will now be able to call or
text to a three-digit 988 dialing
code to get help for themselves or
a loved one.

**FINANCIAL WELL BEING
RESOURCES**

Richard Miranda by Email:
rmiranda@chworks.org
For more information,
please visit
<https://chworks.org/for-residents36>

Resident Reminder/Recordatorio para residentes

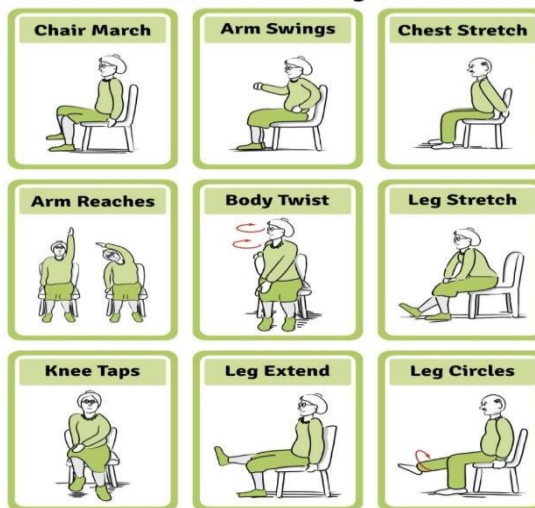
**CLOSED
July 3rd, 2026
Friday**



**Alabama Computer Lab
Monday thru Friday 9am-4pm**

**Chair Fitness/ Salad Social
Tuesday's @11:30am**

Seated Exercise Activity for Seniors



**Coffee Connection
Thursday's @10am
Bring your Cup**

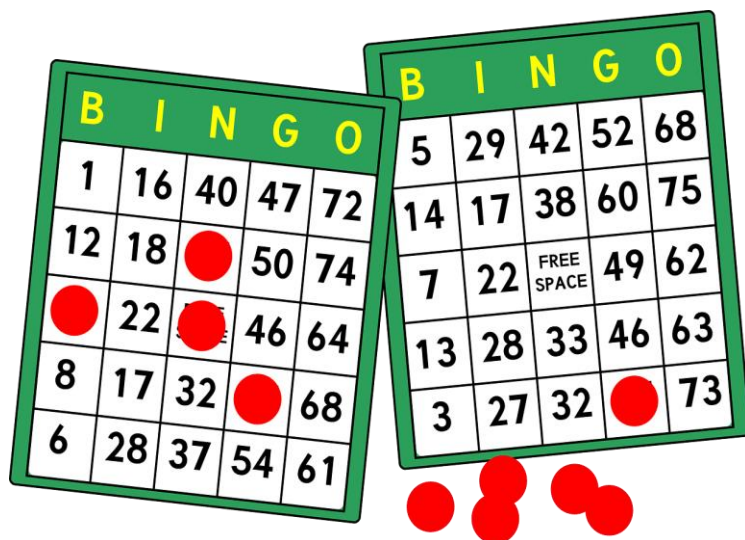
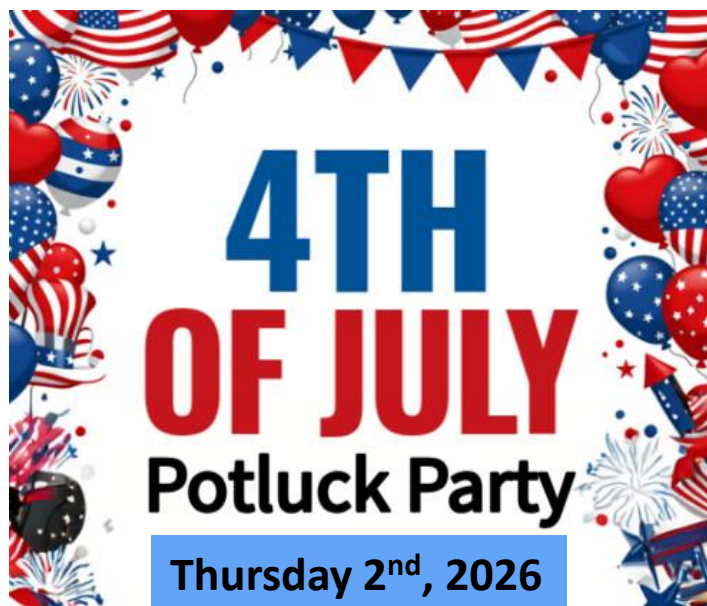


Cool off in the Cool Zone – Community Room

****Activity/Events is subject to change without notice****



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**4th of July Potluck
July 2nd, 2026
Thursday
1:30pm
Bring your appetite
and dish to share.
(potluck sign up sheet
in community room)**

**Bingo
(Celebrating July birthdays)
July 23rd Thursday
@2pm
Community Room**

Any issues with washer/dryers
inform your property
management
Or call Washtek with details
760-735-2459



APTEXX
Online users will be able to pay
rent, submit maintenance request.
Keeping record of on time payment.
This will help improve your credit
score.

To sign up visit:
alabamamanor.aptx.cm

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Alabama Manor



**Hot weather is here
Cool Zone**

(Community Room)

Monday thru Friday

9am - 5pm

Sr. CBC Easter

619-732-3111

