

## KALOS November Newsletter

Connect with Us \*\*\*\*\*\*\*\*\*\*

Easter Leasau
Sr. Community Building
Coordinator
Coordinadora de Desarrollo
Comunitario
Community HousingWorks
619-732-3111
eleasau@chworks.org

Kalos Property Manager
Charlene Rodriguez
Gerente de la Comunidad
ConAm
619-362-4888
kalos@chworks.org

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Food Pantry - Kalos

Call to schedule with Easter

Want to Volunteer
For more info. See your
Sr. CBC – Easter

Closed – November 11, Veteran's Day Closed – Nov. 28 & Nov. 29, Thanksgiving Day

### **Computer Lab/ Learning Center hours:**

Tues, Wed, and Thurs. 3:30pm-5pm.

Resident Meeting Update
November 19th, Tuesday 3:30pm

**Senior Boxes Delivery** 

November 27th, Wednesday 1pm

**Coffee & Chat** 

November 14, 9:30am Thursday

Sign up for Free Kids Meal Heaven's Windows. See Easter for details.



To sign up your child. Call your Sr. CBC Easter 619-732-3111

#### 988 Suicide and Crisis Lifeline Adds to County's Resources

People experiencing a suicide, mental health or substance use crisis will now be able to call or text to a three-digit 988 dialing code to get help.

\*Activity/Events is subject to change without notice\*

#### FINANCIAL WELL BEING RESOURCES

**Veronica Lagler:** (619) 823-7319 or by Email: <a href="mailto:vlagler@chworks.org">vlagler@chworks.org</a> **Rodrigo Gomez:** (619) 795-0227 or by Email: <a href="mailto:rgomez@chworks.org">rgomez@chworks.org</a>
For more information, please visit <a href="https://chworks.org/for-residents">https://chworks.org/for-residents</a>

#### **INVITATION TO APTEXX:**

The online user will be able to pay rent, submit maintenance request and get useful information regarding their community. You can also report when you pay your rent on time, which can help improve your credit score!

To sign up please visit: Kalos.aptx.cm



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### **RESIDENT REMINDER:**

We will be Closed
Wednesday, Nov. 11th
in observance of
Veterans Day.







November 14, 9:30am Thursday



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eleasau@chworks.org