



# KALOS

## April Newsletter 2024

### Contact Us

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#### Easter Leasau

Sr. Community Building  
Coordinator CHW  
619-732-3111

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Rosemary Abogado  
Kalos Property Manager  
619-362-4888  
[kalos@chworks.org](mailto:kalos@chworks.org)

Maintenance Emergency  
After hours:  
619-243-4478

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Serving ages 0-18.  
Meals will be available  
every Tues. Wed. and  
Thurs. @3:30pm-5pm  
In Kalos Learning  
Center

**RESIDENT REMINDER: Food Pantry - Kalos** to learn more  
Call to schedule with Easter – Sr. CBC 619-732-3111.

### LAST CHANCE!

**\*Sue Reynolds Valor Scholarship\***  
To Register online at [CHWORKS.ORG/VALOR](http://CHWORKS.ORG/VALOR)

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### Computer Lab/ Learning Center hours:

Tues. Weds. and Thurs.  
2pm-4pm.

Resident's Meeting  
April 16th, Tuesday @ 3:30pm

### Senior Food Boxes

Delivery on April 24<sup>th</sup>, Wednesday @11am

### 988 Suicide and Crisis Lifeline Adds to County's Resources

People experiencing a suicide, mental health or substance use  
crisis will now be able to call or text to a three-digit 988 dialing  
code to get help.

\*Activity/Events is subject to change without notice\*

### FINANCIAL WELL BEING RESOURCES

**Veronica Lagler:** (619) 823-7319 or by Email: [vlagler@chworks.org](mailto:vlagler@chworks.org)

**Rodrigo Gomez:** ( 619) 795-0227 or by Email: [rgomez@chworks.org](mailto:rgomez@chworks.org)

For more information, please visit <https://chworks.org/for-residents>

### INVITATION TO APTEXX:

The online user will be able to pay rent, submit maintenance request and get useful information  
-regarding their community. You can also report when you pay your rent on time, which can help improve  
your credit score!

To sign up please visit: [Kalos.aptx.cm](http://Kalos.aptx.cm)