

KALOS May Newsletter 2024

Contact Us

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RESIDENT REMINDER: Food Pantry - Kalos to learn more Call to schedule with Easter – Sr. CBC 619-732-3111.

Learning Center Closed
May 27
In Observance of Memorial

Computer Lab/ Learning Center hours:

Tues. Weds. and Thurs. 2pm-4pm.

Resident's Meeting
May 14th, Tuesday @ 3:30pm

Senior Food Boxes

Delivery on May 22th, Wednesday @11am

Serving ages 0-18. Meals will be available Tues. Wed. and Thurs @3:30pm – 5pm. Kalos - Learning Center



To sign up your child or for more info. Call 619-732-3111

988 Suicide and Crisis Lifeline Adds to County's Resources

People experiencing a suicide, mental health or substance use crisis will now be able to call or text to a three-digit 988 dialing code to get help.

Activity/Events is subject to change without notice

FINANCIAL WELL BEING RESOURCES

Veronica Lagler: (619) 823-7319 or by Email: vlagler@chworks.org **Rodrigo Gomez:** (619) 795-0227 or by Email: rgomez@chworks.org
For more information, please visit https://chworks.org/for-residents

INVITATION TO APTEXX:

The online user will be able to pay rent, submit maintenance request and get useful information regarding their community. You can also report when you pay your rent on time, which can help improve your credit score!

To sign up please visit: Kalos.aptx.cm