



KALOS

February Newsletter

Contact Us

Easter Leasau

Sr. Community Building
Coordinator CHW
619-732-3111

Rosemary Abogado
Kalos Property Manager
619-362-4888
kalos@chworks.org

Maintenance Emergency
After hours:
619-243-4478



This program will
return on January 23rd.
Serving ages 0-18.
Meals will be available
every Tues. Wed. and
Thurs. @3:30pm-5pm
In Kalos Learning
Center

RESIDENT REMINDER:

Food Pantry available to our residents at Kalos. To learn more. Call to schedule with Kim Costello 619-865-2123 or Easter – Sr. CBC 619-732-3111.

Computer Lab/ Learning Center hours:

Tues. Weds. and Thurs.
2pm-4pm.

Job Opportunity Board is updated monthly.

Friendstine's Day Card Exchange
February 14th, 2024 Wednesday @ 3:30pm

Senior Food Boxes

Delivery on February 28th, Wednesday @11am

HOLIDAY'S

FEBRUARY 14 VALENTINE'S DAY

FERUARY 19 PRESIDENT'S DAY – Community Room CLOSED

[988 Suicide and Crisis Lifeline Adds to County's Resources](#)

People experiencing a suicide, mental health or substance use crisis will now be able to call or text to a three-digit 988 dialing code to get help.

Activity/Events Subject to Change Without Notice

FINANCIAL WELL BEING RESOURCES

Veronica Lagler: (619) 823-7319 or by Email: vlagler@chworks.org

Rodrigo Gomez: (619) 795-0227 or by Email: rgomez@chworks.org

For more information, please visit <https://chworks.org/for-residents>

INVITATION TO APTEXX:

The online user will be able to pay rent, submit maintenance request and get useful information regarding their community. You can also report when you pay your rent on time, which can help improve your credit score!

To sign up please visit: Kalos.aptx.cm